

*Kathy Kivela MD*

**STANDING ORDER**

**ATHLETES FOOT**

**I. ASSESSMENT**

- A. Involved first are the interdigital spaces of the third and fourth toes and later the plantar surface of the arch.
- B. The lesions consist of macerated areas with scaling borders and vesicular eruptions. Fissures may cause discomfort between digits.

**II. MANAGEMENT**

- A. Cleanse area with warm water and soap and dry thoroughly.
- B. Apply Tolnafate cream BID for 14 days, inmate able to KOP if RN deems appropriate.
- C. Instruct patient on foot hygiene.
- D. Schedule patient to see Facility Provider if symptoms worsen or show little to no improvement after the above 14 day order.